

Just Fartin' Around

(Fun with Informational Text: “Sorry, flatulence no laughing matter”)

1. How many times a day does the average person *cut the cheese*?
 - a. 0-3
 - b. 5-10
 - c. 10-20
 - d. 20-40
 - e. 50 or more
2. What would happen if we never *floated air biscuits*?
 - a. We would explode.
 - b. Our bowels would get distended.
 - c. We would burp more.
 - d. Our intestines would twist, causing intense pain.
 - e. All of the above
3. According to information presented in the article, what is the difference between flatulence and burping?
 - a. Flatulence is caused by bacteria in the stomach; burping is not.
 - b. Burping is an involuntary reflex; flatulence is not.
 - c. Burping originates in the upper stomach; flatulence originates in the colon.
 - d. Proven medical treatment is available for flatulence but not for burping.
 - e. None of the above.
4. What is the purpose of this article?
 - a. To entertain
 - b. To persuade
 - c. To describe
 - d. To inform
 - e. To narrate
5. Identify the organizational pattern of the section entitled “How and why do our stomachs growl?”
 - a. Chronological order
 - b. Order of importance
 - c. Cause and effect
 - d. Compare and contrast
 - e. Spatial order
6. What causes *butt bombs* to stink?
 - a. Old food in the stomach
 - b. Sulfur gasses
 - c. Dihydrogen monoxide
 - d. Gastric ulcers
 - e. All of the above
7. Which of the following is most likely to bring on the *funky rollers*?
 - a. Eating cabbage
 - b. Chewing gum
 - c. Drinking carbonated soda
 - d. Eating proteins and fats
 - e. Drinking mint tea
8. Which of the following is most likely to prevent *trouser coughs*?
 - a. Exercising regularly
 - b. Taking prescribed antibiotics
 - c. Using Gas-X
 - d. Using charcoal products
 - e. Eating fewer gas-producing foods
9. Borborygmi is most noticeable in a(n)...
 - a. ...crowded classroom.
 - b. ...quiet waiting room.
 - c. ...moving car with all the windows up.
 - d. ...x-ray of the stomach.
 - e. ...an anatomy lab.

10. Which product is proven effective at preventing *rectal honks*?
- Simethicone
 - Stachyose
 - Rafinose
 - Placebo
 - None of the above
11. When you *pass gas*, what kind of gas are you passing?
- Nitrogen
 - Hydrogen
 - Methane
 - Carbon dioxide
 - All of the above
12. Which of the following is a legume?
- asparagus
 - cheese
 - peas
 - potato
 - None of the above
13. Why does milk cause gas in many people?
- There is a lot of fructose in milk.
 - There is very little fiber in milk.
 - Many people have low levels of lactase.
 - Many people are allergic to raffinose.
 - All of the above
14. Which of the following foods is most likely to cause *barking spiders*?
- tomatoes
 - rice
 - olives
 - pears
 - grapes
15. What is the difference between soluble and insoluble fiber?
- Insoluble fiber is found in peas and beans.
 - Soluble fiber is not found in oat bran.
 - Insoluble fiber does not produce much gas.
 - Soluble fiber does not produce much gas.
 - None of the above
16. Which expression does the writer use to describe *passing wind*?
- borborygmi
 - flatus
 - bloat
 - gastric outlet
 - pooter
17. In which order does food pass through the human digestive system?
- stomach > esophagus > small intestine > large intestine
 - stomach > small intestine > large intestine > esophagus
 - esophagus > stomach > small intestine > large intestine
 - esophagus > large intestine > stomach > small intestine
 - esophagus > stomach > large intestine > small intestine
18. How does your *gas production* compare with the averages?
- far below average
 - below average
 - average
 - above average
 - far above average